



J. J. Anderson BioSketch

Go West, young man! As a sickly ten-year-old kid, I was transplanted in 1948 from Ohio to the life-saving climate of New Mexico. The Land of Enchantment restored my health and captured my heart and, although I sojourned in San Francisco in my middle years, I always knew I would return to what has become my spiritual home. I came back to New Mexico for good in 1983.

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The Path. I remember as a boy of eight or so gazing with wonder into the star-filled sky and having a sense of knowing. More than seven decades later, I cannot say clearly and crisply exactly what I “knew” then—but that same knowing is within me today. It whispers to me these “secrets” of the universe: God is One. God is Love. God is All. All-That-Is comes from God. All human beings are God’s children.

Over the years, my intellect has been engaged by the writings and teachings of great (and some not-so-great) thinkers. I engaged many minds through reading books and learning about psychology, philosophy, science and religion, metaphysical and mystical writings, poetry, and many of the scriptures and writings of the religions of the world.

Besides reading the likes of Gordon Allport, Susanne K. Langner, Walter Kaufmann, Alan Watts, Julian Jaynes, G. Spencer-Brown and other modern thinkers, I also poured over countless pages of “channeled” works by Jane Roberts, Ken Carey, Elwood Babbitt, “Levi,” “Abraham,” Ellen Meredith, Jennifer Hoffman, Neale Donald Walsch and others (including my own!).

In following my path, I have been blessed with some important teachers—an outstanding high school science teacher; a bright friend who understood both western and eastern teachings; a peerless psychic who was both my friend and my teacher; my *tai chi chuan sifu* (also a Shao Lin *shenfu*); a brilliant electrical engineer-physicist-philosopher-mystic; and, to my joy, my own children and grandchildren. I have also learned from decades of my own journals, poetry and creative writings; and, thus, I have learned from the Teacher-Within that we all have.

I have learned from everyone! Not just great books and outstanding teachers. Many of the most important lessons of my spiritual path have been learned from the quiet voice within and from the little ones, from children. But I have had so many teachers and my debt is so great I cannot even recount it! Instead, I must “repay” (even as I continue to learn and grow) by serving others in whatever ways I am led by the Spirit-Within. This website is one of those ways.

San Francisco ('70s and '80s). During my stay in the Bay Area, I met and was influenced by many interesting people, including artists, writers and poets, philosophers and psychics, teachers, martial artists, restaurateurs and lots of other good souls. I appreciate all they contributed to my life. To name a few (in alphabetical order):

Rosalie Moore Brown, friend, poet and teacher; whose book *Year of the Children* was nominated for a Pulitzer award; see, <http://nwda-db.wsulibs.wsu.edu/findaid/ark:/80444/xv32155>;


Elsa Gidlow, a friend of Alan Watts and a poet who encouraged me to continue to write my own poetry; see, http://en.wikipedia.org/wiki/Elsa_Gidlow;

Chungliang Al Huang, educator, *tai chi chuan* master and concert dancer; see, http://en.wikipedia.org/wiki/Chungliang_Al_Huang;



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Marilyn and Bob Kriegel, psychologists, writers and trainers;

E. Y. Lee—I studied *t'ai chi ch'uan* with him at his Kung Fu School ; for more on *tai chi*, see http://en.wikipedia.org/wiki/Tai_chi_chuan.

George Leonard, educator, writer, Aikido master; see http://en.wikipedia.org/wiki/George_Leonard;

Dorothy Schlosser, a dear friend, a spiritual teacher and a world class psychic;

Alan Watts, who sponsored me into in a think tank; see http://en.wikipedia.org/wiki/Alan_Watts;

Eve Weir, a friend, a remarkable psychic and an enthusiastic teacher (see *Appendix B* in my book, *Only a Leaf*).

More than half a century of work. Frequently one of the first questions people ask when introduced to someone is, “What do you do?” This question opens the door to many other topics and allows people (in America, anyway) to “size up” others and their relative standing in our culture. Fortunately, one of the blessing of retirement is the license to use the stock answer, “I’m retired.” But often that reply does not stop the next question, “What did you *used* to do?” or “What did you retire *from*?” So, in the interest of full (well, maybe not *full*) disclosure and to help us get acquainted, at the bottom of this biosketch is a list, in alphabetical order, of jobs I have held in my life.

Finally. I am a grandfather, a writer and a used-to-be-golfer. I write poetry, *haiku* and short pieces on a variety of subjects. My writing includes:

No One in Particular – Selected Poems
(posted on this website)

Only a Leaf
(posted on this website)

Hooyahmi – Stories and poems for children ages 5 to 10
(posted on this website)

The Down Home, Plain Talk, No Frills
Guide to Personal and Professional Effectiveness

Excerpts from my personal journal

Guide to Effective Computer Use

White Crow – Selected poems

and technical and newsletter articles.

Thank you for your time and attention.

The jobs list and a photo are on the next page.



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Amusement park kiddies' ride operator
Branch chief
College night school instructor
Computer applications programmer
Computer operations manager
Computer operator
Computer project leader and manager
Computer specialist
Computer systems analyst
Computer systems planner and designer
Computer systems standards R&D manager
Convenience store clerk
Corporate planner
Disc jockey and radio announcer
Division chief
Drive-in movie car traffic guy
Electronic accounting machine operator
Film editor for a television station
Film editor for public schools
Freelance systems analyst and consultant
Freelance writer
Gas station attendant
Information manager
Information systems audit consultant
In-house trainer and teacher
Keypunch operator
Mail clerk for the U.S. Postal Service
Mail clerk in a national lab
Night janitor
Operations officer
Part time mediator
Part time meeting and conference facilitator
Part time quality advisor
Part time staff advisor to general officers
Research assistant in a physics lab
Supervisor of various teams and organizations
Technical advisor
Technical editor
Technical writer
Technician in a physical testing lab
Used car lot automobile preparation guy
West coast regional systems analyst

